



Strawberry Greek Yogurt Smoothie

Blend juicy strawberries, creamy Greek yogurt, and a touch of honey for a refreshing and nutritious smoothie.



Serves: 1

Ingredients:

- 1 cup Chobani Strawberry Greek yogurt
- 1 cup fresh or frozen strawberries, sliced
- 1/2 tsp fresh lemon juice (optional)
- 1 tsp maple syrup or honey (optional)

Method:

Add ingredients to a blender and blend until smooth for about 30–60 seconds.

Serve immediately or store in an airtight container for 3–5 days in the fridge, shaking well before serving.

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