SUPERHERO FOODS

FOR ABORIGINAL STUDENTS

EVALUATION REPORT 2018

Our new SUPERHERO FOODS educational resources have been developed for Aboriginal students and students living in regional and remote areas. We worked with an Aboriginal consultant & stakeholders to produce these award winning resources to promote healthy eating to school age children.

- 60%
- Percentage of schools
- involved in Foodbank
- WA's school based
- initiatives located in
- regional & remote areas

THIS PROJECT INCLUDED DEVELOPING THREE RESOURCES...



'LET'S EAT' STORYBOOK

targeting children 4 -10yrs. Follows Daisy on her hunt for healthy bush tucker

FOUR NEW LESSON PLANS

- 1. Origins of Foods
 - Grains
- 2. Origins of Foods
 - Preserved Foods
- 3. Seasons
- 4. Hunting for Healthy Food



27 NEW FOOD CHARACTERS joined

the Superhero Foods family, including bush foods and canned & frozen vegetables

WHAT RESPONDENTS SAID...

'LET'S EAT' STORYBOOK

62%

...reported an increase in students' bush foods knowledge

100%

...of respondents agreed their students liked the storybook

100%

...found the storybook engaging & effective in helping students understand key messages

LESSON PLANS

90%

...found the lesson plans easy to follow and use

76%

...reported a change in attitudes towards promoting healthy food choices to their students

80%

...reported the new resources gave them confidence to teach nutrition

FOOD CHARACTERS

73%

...reported the new characters were appropriate for students in regional and remote areas

95%

...agreed the new characters were culturally and age appropriate for their students

100%

...agreed the new characters were effective in helping students understand key health messages







