



I AM A SUPERHERO POEM WRITING

POEM WRITING INSTRUCTION SHEET

WHAT: Write a poem about being a Superhero

WHO: Individual, family or classroom activity

WHY: Build self-esteem, raise awareness that positive acts are empowering, share thoughts and feelings

HOW: Using the template on the activity sheet, complete the following steps:

1. I am KIND when... (example: I am kind when I ask someone how their day is)
2. I am CARING when... (example: I am caring when I share my toys with my younger siblings)
3. I am RESPECTFUL when... (example: I am respectful when I say please and thank you)
4. I am HELPFUL when... (example: I am helpful when I help my mum and dad take the shopping in from the car)
5. And the best part of being a SUPERHERO is... (example: The best part of being a SUPERHERO is being part of the Foodbank team!)

GROUP ACTIVITY:

- Have each student complete the poem template about themselves.
- Once everyone has filled in their activity sheet, cut along the dotted lines and put each section/step into a bowl/box/container.
- Have each student pick a note to read out loud. For example, 'I am KIND when...' (reading out what is written on the note).
- Repeat this process for each step.
- Have the students select the class favourite from each step to create a class version.

WHEN: Term 2 2021



"THERE IS A SUPERHERO IN ALL OF US"

YOU ARE A SUPERHERO ACTIVITY SHEET!

You are **KIND** when...

You are **CARING** when...

You are **RESPECTFUL** when...

You are **HELPFUL** when...

And the best part of being a **SUPERHERO** is...

WHEN READING THE POEM OUT LOUD REPLACE THE WORDS YOU ARE WITH I AM.

