



# ACTIVITY

## CHALK ROAD FOR KINDNESS

### INSTRUCTION SHEET

With World Kindness Day on the 13th of November and the Christmas Pageant, we encourage you to help brighten someone's day. We want you to get in the spirit of Christmas and be kind to others by sharing some kind words to others. Get some chalk and draw on your driveway or footpath (with parental permission). Writing messages of kindness to people who walk past. This could be telling them they are beautiful or they are loved.

Take a photo and send it in to us. We will then create a collage of your images to add on our social media page. Visit our webpage under "Activities" for more information <https://www.foodbank.org.au/SA/superhero-program-be-humble/?state=sa>.

### TIPS TO SHARE YOUR KINDNESS WITH OTHERS



1. GIVE THEM A HUG



2. WRITE THEM A LETTER



3. MAKE THEM A PRESENT (OR EVEN A MEAL)



4. INVITE THEM TO PLAY WITH YOU



5. SHARE YOUR TOYS



6. ASK SOMEONE IF THEY ARE OKAY



7. LISTEN TO OTHERS



8. HOLD THE DOOR OPEN



9. HELP YOUR PARENTS WITH DINNER



**“REMEMBER YOU SHOULD ALWAYS BE KIND TO OTHERS!”**

## MY NOTES - HOW CAN I BE KIND TO OTHERS...

[illegible]